



## Seasonal Flu Tip Sheet for Organizations

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This year's flu season is expected to be more severe than previous seasons. Organizations should educate employees about good health habits.

Yearly seasonal flu vaccinations, the most important step in protecting against seasonal influenza, can cut costs by reducing medical leave and lost worker productivity. Organizations can conduct a worksite flu immunization clinic to ensure employees receive immunizations.

An immunization clinic is quick to set up and effective. Organizations can contact a community vaccinator through their local public health department, their insurance carrier or a community health consulting service.

In addition to a worksite flu immunization clinic, organizations can use these simple guidelines to help reduce the costs of seasonal flu:

- Educate employees on the importance of receiving a yearly seasonal flu vaccine.
- Develop an emergency communications plan. List steps to take if someone contracts the flu.
- Encourage employees to practice “social distancing” methods, handwashing and cough/sneeze etiquette.
- Implement a work-from-home policy so employees can care for sick family members. Encourage sick employees to stay home to prevent the spread of infection to other employees at the workplace.
- Be sure work surfaces and office hot spots (i.e., elevator buttons, machines, light switches, microwaves and pens) are cleaned and disinfected throughout the day.

Read Prescription for the [Flu: Planning a Seasonal Flu Prevention Program](#) for more information.